

Kentucky Middle and High School Youth Risk Behavior Survey (YRBS) Data



Youth Risk Behavior Survey

What is the YRBS?

The Centers for Disease Control and Prevention's (CDC) Division of Adolescent and School Health funds cooperative agreements with state, territory and local education agencies to administer the Youth Risk Behavior Survey (YRBS).

The YRBS monitors six categories of priority health-risk behaviors among youth and young adults, including: behaviors that contribute to unintentional injuries and violence (including suicide); tobacco use; alcohol and drug use; sexual behaviors that contribute to unintended pregnancy and STDs (including HIV infection); unhealthy dietary behaviors; and physical activity.

The results are used to create awareness, develop programs and policies, set goals, support health-related legislation and seek funding.

Who participates?

The YRBS is administered in the spring semester of odd-numbered years to a random selection of middle and high school students throughout the state. The CDC randomly selects approximately 45 typical public middle schools and 55 typical public high schools to participate. The survey takes approximately 45 minutes, or one class period, to complete, and is usually administered to students in 3-5 randomly selected 2nd period classes in each school.

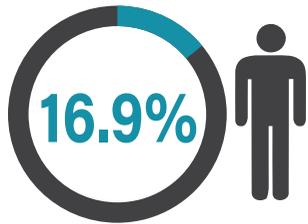
How is it conducted?

Participation in the survey is voluntary and the data is not reported for individual school districts, schools or students. The surveys are completely anonymous, and a student has the right to refuse to answer any or all questions if he or she doesn't feel comfortable. Passive parental permission is obtained from all students who participate in the survey.

Administration of the YRBS is completed through a partnership with the Division of Family Resource and Youth Services Centers (FRYSC) in the Cabinet for Health and Family Services.



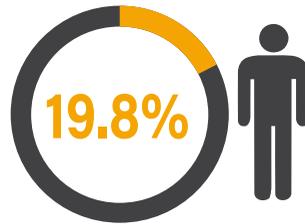
Tobacco Use



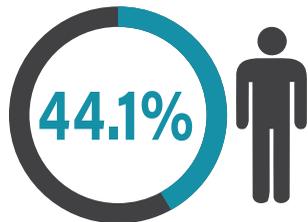
High school students who smoked cigarettes on at least one day during the month before the survey.



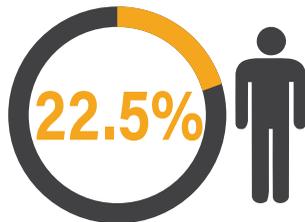
Middle school students who have used electronic vapor products.



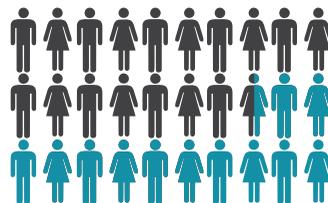
Middle school students who used tobacco on at least one day during the month before the survey.



High school students who have tried cigarette smoking.

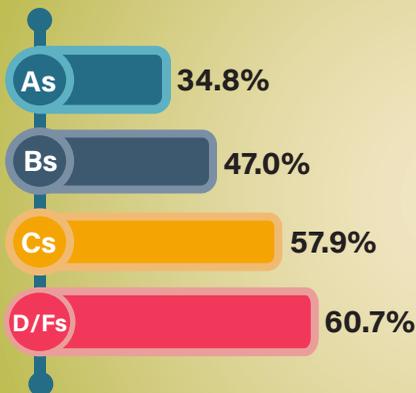


Middle school students who have tried cigarette smoking.

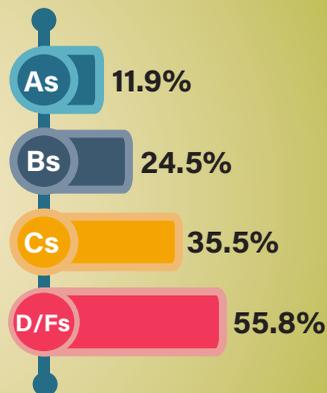


In high school a class of 30, **12.5** students have used electronic vapor products.

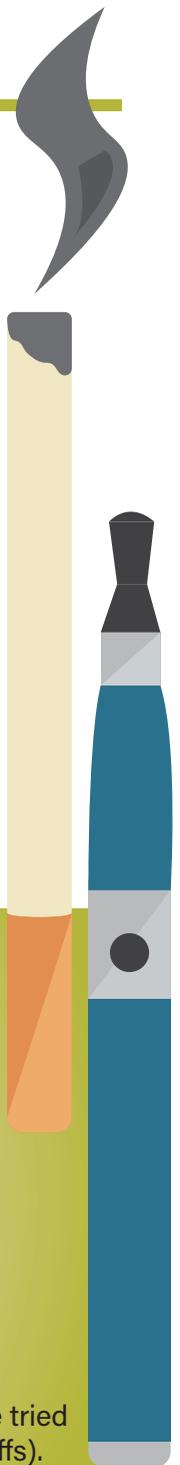
Percentage of students who have engaged in tobacco use by the grades that they receive



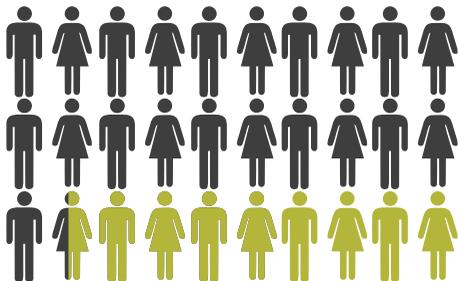
High school students who have tried cigarette smoking (even 1 or 2 puffs).



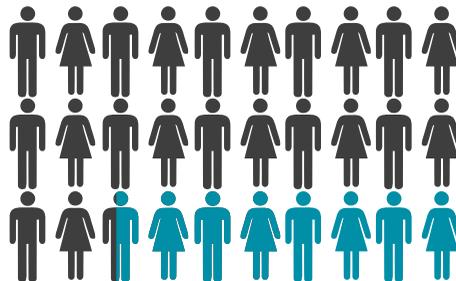
Middle school students who have tried cigarette smoking (even 1 or 2 puffs).



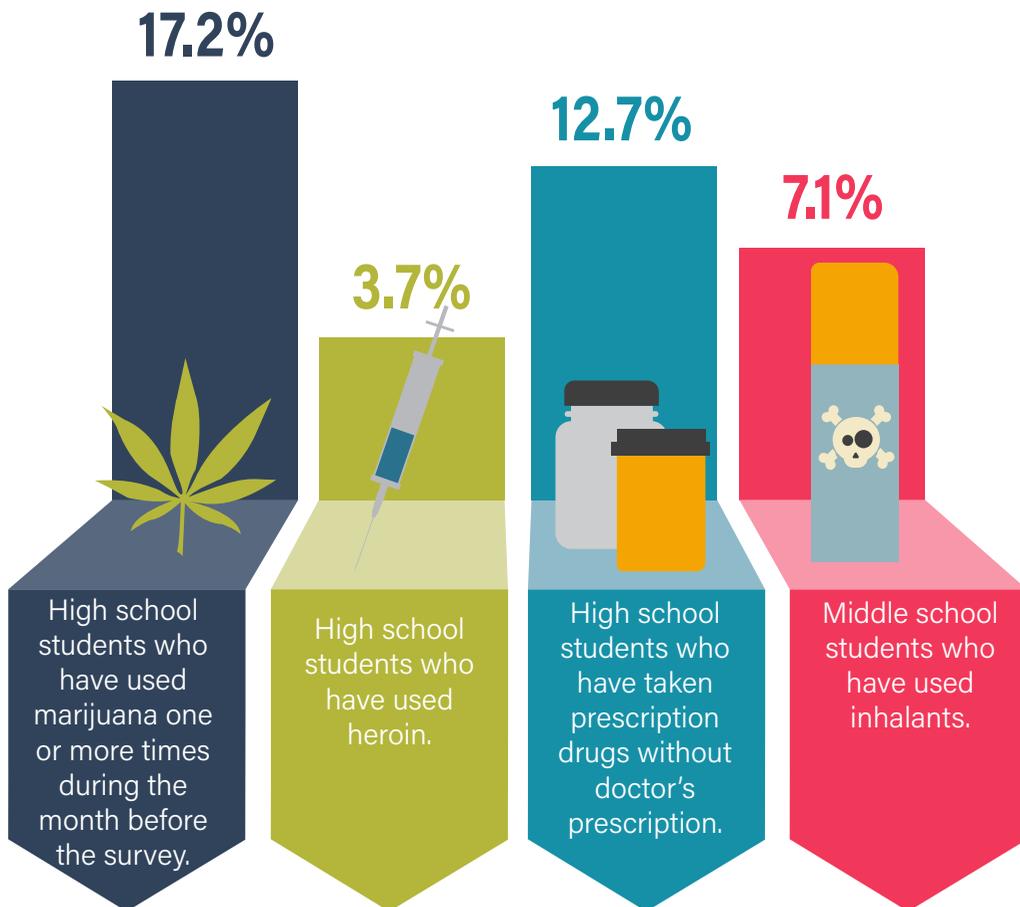
Alcohol and Drug Use



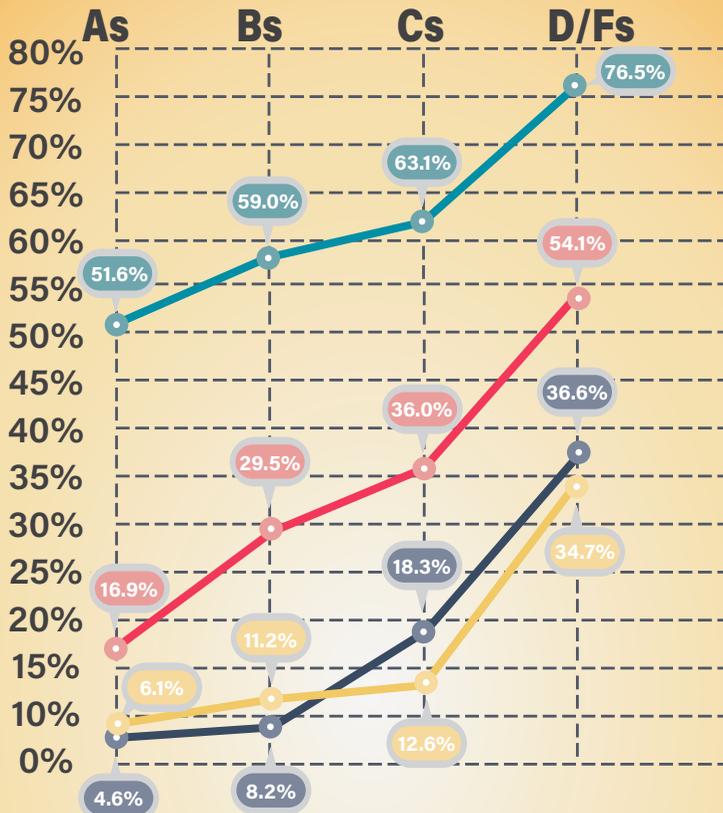
In a high school class of 30, **8.6** students had at least one drink of alcohol during the month before the survey.



In a middle school class of 30, **7.6** students have drunk alcohol.



Percentage of students who have engaged in alcohol and drug use by the grades that they receive



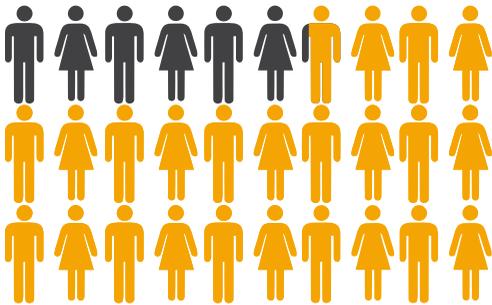
- High school students who have had at least one drink of alcohol during the month before the survey.
- Middle school students who have drunk alcohol.
- High school students who have used synthetic marijuana.
- Middle school students who have used marijuana.

62.7% of high school students who drank alcohol on at least one day in **2013**.

That's a **5.9%** decrease!

56.8% of high school students who drank alcohol on at least one day in **2015**.

Physical Activity



In a high school class of 30, **23.9** students had not participated in at least 60 minutes of physical activity on at least one day during the week before the survey.



37.8% of high school students attended PE classes on 1 or more days in an average week.

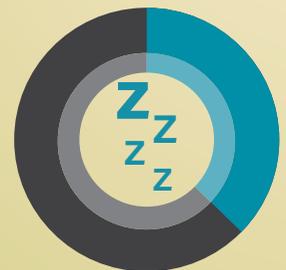


28.7% of middle school students were physically active for at least 60 minutes each day of the week before the survey.



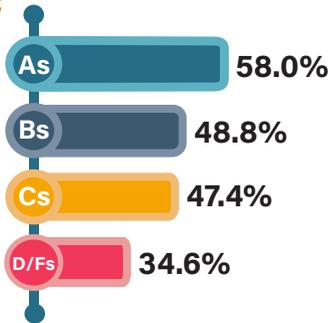
50.5% of middle school students attended PE classes on one or more days in an average week when they were in school.

24.3% of high school students had 8 or more hours of sleep (on an average school night).

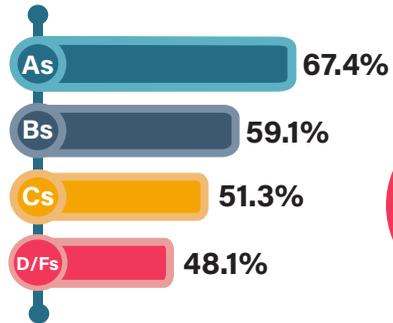




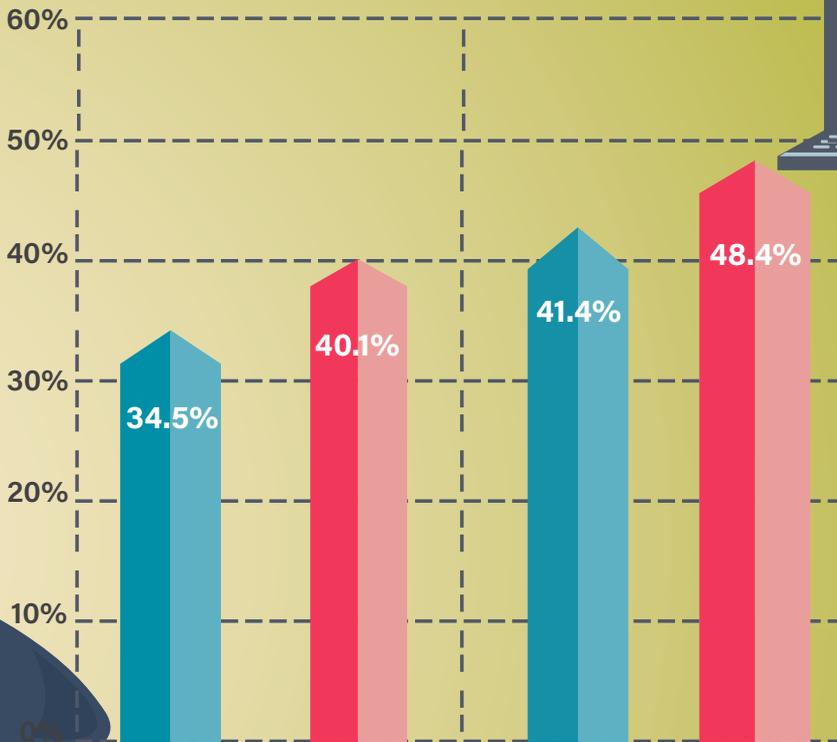
Percentage of students who have engaged in physical activity by the grades that they receive



High school students who played on at least one sports team.

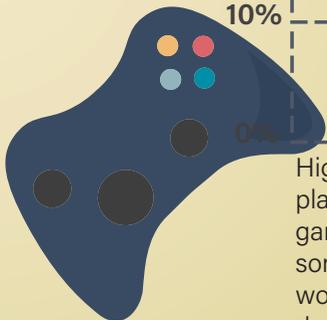


Middle school students who played on at least one sports team.



High school students who played video or computer games or used a computer for something other than school work three or more hours per day on an average school day.

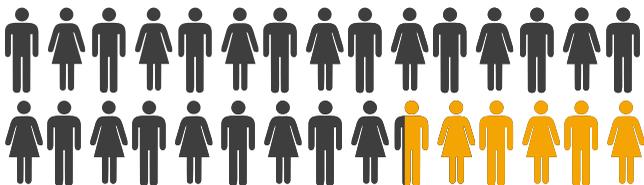
Middle school students who played video or computer games or used a computer for something other than school work three or more hours per day on an average school day.



● 2013

● 2015

Dietary Behaviors



In a high school class of 30, **5.6** students were obese.

35.5%

of high school students were overweight or obese.



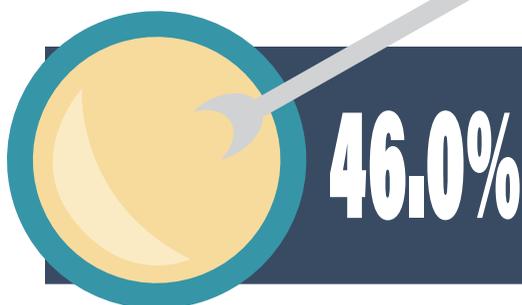
21.0%

High school students who ate fruit or drank 100% fruit juices two or more times per day during the week before the survey.



23.2%

High school students who ate vegetables two or more times per day during the week before the survey.



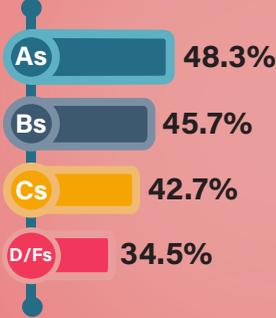
46.0%

Middle school students who ate breakfast every day in a week before the survey.

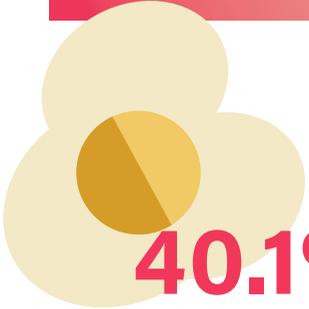
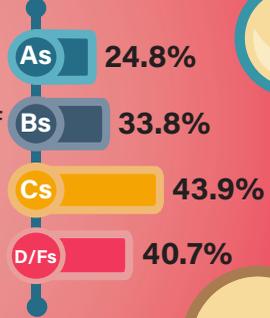
Percentage of students who have engaged in certain dietary behaviors by the grades that they receive



Middle school students who ate breakfast every day in a week before the survey.



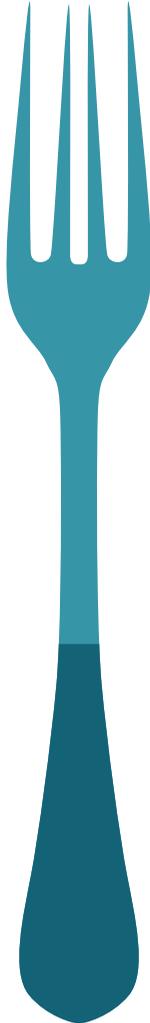
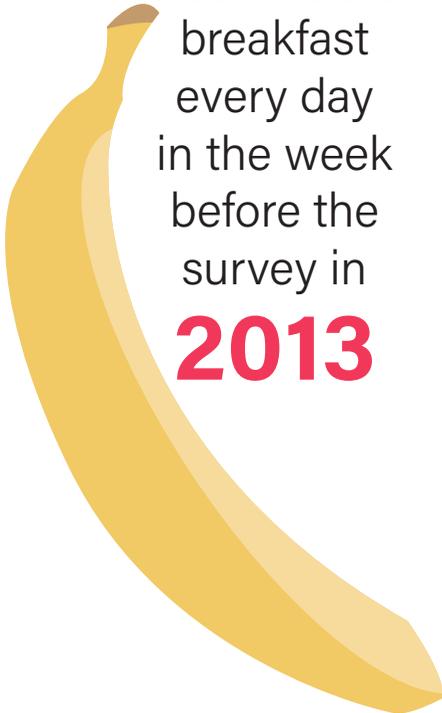
High school students who drank a can, bottle, or glass of soda or pop one or more times per day in the week before the survey.



40.1%

of high school students ate breakfast every day in the week before the survey in

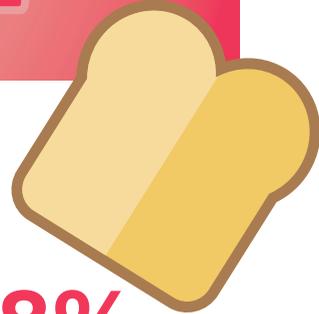
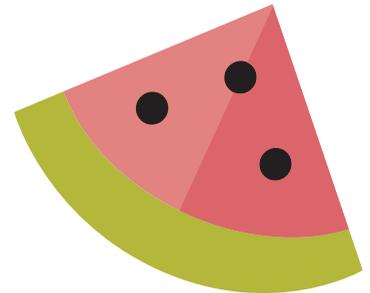
2013



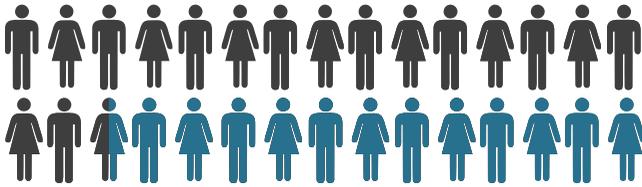
34.8%

of high school students ate breakfast every day in the week before the survey in

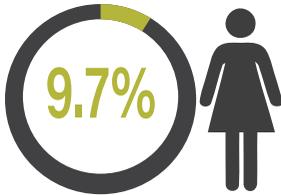
2015



Sexual Risk Behavior



In a high school class of 30, **12.5** students have had sexual intercourse.



Middle school students who have had sexual intercourse.



High school students who had sexual intercourse with at least one person during the three months before the survey.



69.4%

Middle school students who used a condom during last sexual intercourse in **2013**.

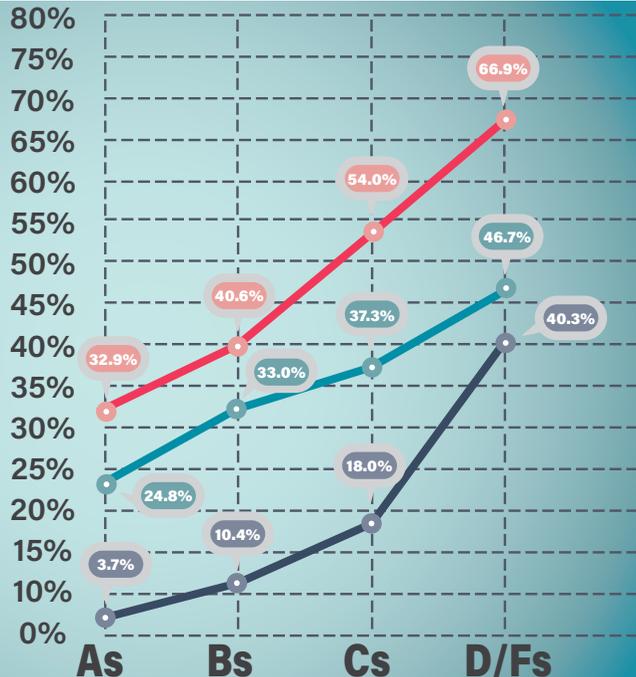


53.0%

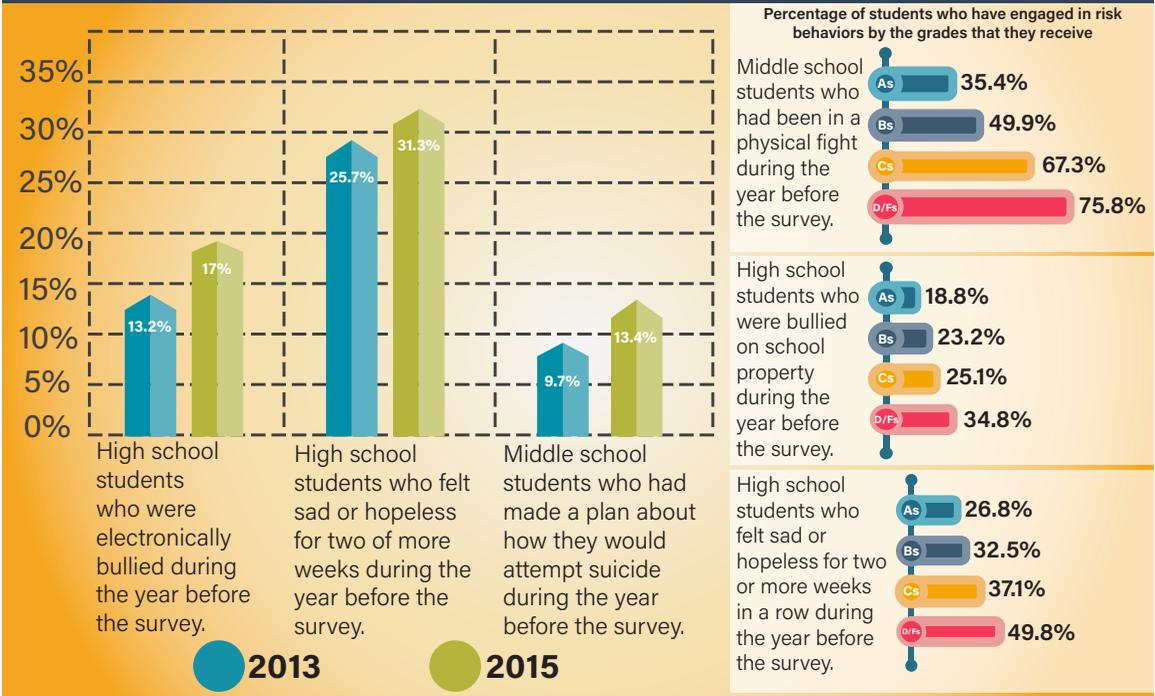
Middle school students who used a condom during last sexual intercourse in **2015**.

Percentage of students who have engaged in sexual risk behaviors by the grades that they receive

- High school students who have had sexual intercourse.
- High school students who had sexual intercourse with at least one person during the three months before the survey.
- Middle school students who have had sexual intercourse.



Injury and Violence



Female high school students were significantly more likely than males to have been bullied on school property; have been electronically bullied; felt sad or hopeless; seriously considered suicide; made a plan about how they would attempt suicide; and attempted suicide.

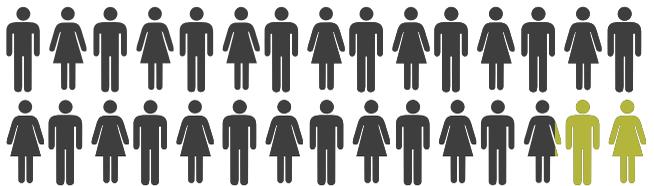


46.7% of middle school students had been in a physical fight one or more times during the year before the survey.



37.6% of middle school students had carried a weapon (such as gun, knife or club) during the month before the survey.

In a middle school class of 30, **2.1** students attempted suicide during the year before the survey.





12/7/2015