

Am I Bullying Others?

Quite simply, if you believe you are bullying others, you need to **stop**. Bullying is not okay, no matter the reason. Everyone deserves to feel safe.

Also, if you continue to bully, you will most likely run into problems later in your life. According to the Olweus Bullying Prevention Program, students who bully others are more likely to get into fights, do badly in school, or even go to jail when they get older! Take a stand against bullying and defend others when they need help.

Source: [Olweus Bullying Prevention Program Teacher Guide](#)

If you would like to know more about learning how to help others who are bullied, click [here](#) to visit the [Stopbullying.gov](#) website and watch some [videos](#) on being more than a bystander.

The Kentucky Center for School safety has a Tipline that you can call to report bullying in your school district, if the district has signed on to participate. Here is the link: [S.T.O.P. Safety Tipline](#).

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