

## EXPLORATORY TASKS STUDENT SAMPLES

### CLUSTER: Law, Public Safety, Corrections and Security

### PATHWAY: Corrections Services Pathway

Specialists in this pathway are responsible for overseeing individuals who have been arrested and are awaiting trial or serving time in a jail, reformatory or penitentiary. Many in this field are involved with the treatment, education and reintegration of offenders.

**EXPLORATORY TASK:** How do you keep your cool in tense situations? Correction specialists must know how to manage angry outbursts from others. These skills are also important in everyday circumstances. Research or talk to a counselor to learn how to deal with or defuse anger. Use the information to write a news article to share with others.

**OBJECTIVE:** Introduce students to issues that corrections professionals may encounter in the individuals in their care or supervision.

#### TEACHER SUPPORT:

- Collaborate with a corrections professional, guidance counselor or a CTE family and consumer science or law teacher.

#### STUDENT SUPPORT:

- Provide links, examples, checklist and/or a template for students to use.

#### LEARNING EXTENSIONS:

- Invite a corrections professional, guidance counselor or a CTE family and consumer science or law teacher to discuss causes, symptoms and treatment of anger management issues.
- Lead a discussion connecting school subjects and this pathway.
- Lead a discussion about personal qualities of a corrections professional.
- Identify and research a career within this pathway.

#### CONNECTIONS TO KENTUCKY ACADEMIC STANDARDS

- Career Studies: ES.M.8, ES.M.9, C.M.5
- Reading and Writing: RI6.4

#### NOTE:

- These samples represent students' first introduction to authentic topics and skills related to a career cluster.
- The sample included in this pathway is a teacher created model.

## Anger: How do you keep it under control?

Everyone gets angry at times. It's a normal emotion that everyone feels at time in their life. Common causes may include problems with family or friends or feelings of unreal expectations. It may be caused by a sense loss of control, feeling betrayed or not being appreciated. Everyone faces these at times during their life, people deal with these emotions in a lot of different ways.

### Anger is a normal emotion, so when is it out of control?

Signs of of anger can include rapid breathing and increased heartrate. You're face may turn red and you might feel your muscles tense up. You may feel extremely frustrated and focused on the immediate problem. However, you should still be able to think clearly and stay in control of what you say and do. If not, that can be a warning sign that you need to speak to an adult or a counselor.

### What can you do to help control your anger?

The Mayo Clinic suggests 10 things you can do to control your anger.

1. Think before you speak. Take a few moments to clear your head before you say anything.
2. Once your calm, express your anger. Share your thoughts in a way that won't hurt the other person or cause them to respond in anger.
3. Get some exercise. Physical activity can help to calm your overactive mind.
4. Take a timeout. A short, quiet break can provide time to think about the situation without all the emotions involved.
5. Identify possible solutions. Think about what can be done to fix the problem and maybe prevent it from happening again.
6. Stick with 'I' statements. Use these to share how the problem makes you feel and avoid placing blame on other.
7. Don't hold a grudge. It sounds easier than it is, but doing so can help you nad the other person to learn from the situation and maybe strengthen your relationship.
8. Use humor to release tension. Laughter can be the best medicine, but may sure that you avoid sarcasm or humor at the expense of others.
9. Practice relaxation skills. Take time to do something that you find to be calming, e.g., listening to music, deep-breathing exercises or repeating a calming phrase.
10. Know when to seek help. Uncontrolled anger can have physical affects such as increasing blood pressure, weakens your immune system and can make depression and anxiety conditions worse. If you get angry easily and often, causes you to do things that you regret or hurts those close to you, seek the help of a trusted adult, teacher, counselor or other mental health professional.

## EXPLORATORY TASKS STUDENT SAMPLES

### CLUSTER: Law, Public Safety, Corrections and Security

### PATHWAY: Emergency and Fire Management Pathway

Firefighters and emergency services workers help protect the public by responding rapidly to a variety of emergencies. They are frequently the first emergency personnel at the scene of a traffic accident or medical emergency and may be called to put out a fire, treat injuries or other vital functions.

**EXPLORATORY TASK:** What are the most common causes of fires? What should you do if there is a fire in your home? Create an infographic that explains home fire prevention and safety. Share the information with others.

**OBJECTIVE:** Introduce students to the role that firefighters play in fire prevention.

**TEACHER SUPPORT:**

- Collaborate with a firefighter, an emergency professional or a CTE teacher to learn more about fire safety.

**STUDENT SUPPORT:**

- Provide links, examples, checklist and/or a template for students to use.

**LEARNING EXTENSIONS:**

- Invite a firefighter, an emergency professional or a CTE teacher to discuss fire safety and/or emergency management topics.
- Lead a discussion connecting school subjects and this pathway.
- Lead a discussion about personal qualities of a firefighter or emergency professional.
- Identify and research a career within this pathway.

**CONNECTIONS TO KENTUCKY ACADEMIC STANDARDS**

- Career Studies: ES.M.8, ES.M.9, C.M.5
- Reading and Writing: RI6.4

**NOTE:**

- These samples represent students' first introduction to authentic topics and skills related to a career cluster.
- A range of student performance is included within the complete body of work.

## Fire Safety



## Common causes of fires

- ▶ Cooking
- ▶ Portable heaters
- ▶ Electrical fires
- ▶ Smoking
- ▶ Candles



## Prevent fires from happening

- ▶ Have smoke alarms in your house
- ▶ Check the batteries every month
- ▶ Replace batteries every year



## Prevent fires from happening

- ▶ Have a fire extinguisher and know how to use it
- ▶ Don't leave candles, a fireplace or stove unattended
- ▶ Keep lighters and matches out of reach of young kids



## Have a plan

- ▶ Draw a floor plan of your home and mark 2 ways out of each room.
- ▶ Choose a meeting place
- ▶ Practice the plan twice a year



## Have a plan



[https://www.nh.gov/safety/digitalresources/fire/special-operations/sub\\_03/home-safety.html](https://www.nh.gov/safety/digitalresources/fire/special-operations/sub_03/home-safety.html)



# FIRE MANAGEMENT

911

Firefighters & emergency service workers help protect the public by responding rapidly to a variety of emergencies. They are frequently the 1st emergency person at the scene of a traffic accident or medical emergency & may be called to put out a fire or treat injuries or other vital functions!



## Fire Safety

Be sure to always have a First Aid Kit in case of an Emergency. Make sure everyone in your house knows what to do and where to go when a fire happens. After a fire make sure you do a head count to make sure everyone is out safely.

## Is a Career in Law, Public Safety, Corrections & Security for Me?

Would you be interested in a career in Law, Public Safety, Corrections & Security? Below are knowledge and skill statements related to the careers in this cluster. Read each statement. Decide if this describes you by checking the Yes, No or Maybe box.

THINGS I LIKE TO DO	YES	NO	MAYBE
Work under pressure or in the face of danger	✓✓✓✓		
Make decisions based on my own observations	✓✓✓✓		
Interact with other people	✓✓✓✓		
Be in positions of authority	✓✓✓✓		
Respect rules and regulations	✓✓✓✓		
Debate and win arguments			✓✓
Observe and analyze people's behavior			✓✓
PERSONAL QUALITIES THAT DESCRIBE ME	YES	NO	MAYBE
Adventurous	✓✓		
Dependable	✓✓✓		
Community-minded			✓✓
Decisive	✓✓✓		
Optimistic			✓✓
SCHOOL SUBJECTS THAT INTEREST ME	YES	NO	MAYBE
Language arts	✓✓✓		
Psychology or sociology	✓✓✓		
Government, history or social studies	✓✓✓		
Law enforcement			✓✓
First aid or first responder			✓✓

**Did you check YES most often?** If so, continue to explore careers and opportunities in this cluster. And don't forget to focus on your language arts and social studies classes to build the academic skills you need for these careers.

**Did you check NO most often?** If so, don't worry. There are hundreds of jobs to explore in the other 15 career clusters.

**Did you check MAYBE most often?** If so, continue to explore in this cluster as well as investigating how your skills and interests may be a good match in other clusters.