

Middle School Family and Consumer Sciences Education Standards

Academic

- A1 Utilize effective verbal and non-verbal communication skills
- A2 Participate in conversation, discussion and group presentationsA3 Locate and interpret written information
- A4 Identify relevant details, facts and specificationsA5 Record information accurately and completely
- A6 Demonstrate competence in organizing, writing and editing using correct vocabulary, spelling, grammar and punctuation
- A7 Demonstrate the ability to write clearly and conciselyA8 Implement effective decision-making skills
- A9 Perform basic and higher-level math operations (e.g., addition, subtraction, multiplication, division, decimals, fractions, units of conversion, averaging, percentage, proportion, ratios)
- A10 Use tables, graphs, diagrams and charts to obtain or convey information
- A11 Identify the components of a budget and how one is created
- A12 Set personal financial goals and develop a plan for achieving them
- A13 Identify and apply Internet security practices (e.g., password security, login, logout, log off, lock computer)
- A14 Use technology appropriately to enhance a task
- A15 Demonstrate appropriate etiquette when using e-communications (e.g., cell phone, e-mail, conference calls)

Employability

- E1 Demonstrate positive work ethic when completing new tasks
- E2 Abide by workplace policies and procedures
- E3 Demonstrate honesty and reliability
- E4 Demonstrate ethical characteristics and behaviors
- E5 Demonstrate polite and respectful behavior toward othersE6 Demonstrate personal accountability in the workplace
- E7 Demonstrate pride in work
- E8 Demonstrate ability to stay on task to produce high quality deliverables on time
- E9 Explain the importance of respect for feelings, values and beliefs of others
- E10 Identify strategies to bridge cultural/generational differences and use differing perspectives to increase overall quality of work
- E11 Recognize the challenges and advantages of diversity in the workplace
- E12 Demonstrate effective team skills and evaluate their importance in the workplace (e.g., setting goals, listening, following directions, questioning, dividing work)
- E13 Contribute new ideas while valuing different ideas and opinions E14 Implement conflict resolution strategies and problem-solving skills
- E15 Recognize the importance of securing and maintaining an age appropriate job and

- pursuing a potential career.
- E16 Define jobs associated with a specific career path or profession
- E17 Seek and capitalize on self-improvement opportunities
- E18 Accept and provide constructive criticism

Personal Growth

- OA1 Examine the impact of heredity, environment and other factors on human growth and development across the lifespan (i.e., Maslow’s Hierarchy of Needs)
- OA2 Examine individual and family values to make choices to satisfy needs, wants and goals
- OA3 Implement the decision-making process
- OA4 Demonstrate verbal and nonverbal communication skills that contribute to positive relationships
- OA5 Examine the positive and negative impacts of technology on individuals, families and society
- OA6 Determine factors and behaviors that contribute to healthy and unhealthy relationships
- OA7 Examine the effect of self-esteem and self-image on relationships
- OA8 Analyze the resources available to address the impact of risky behaviors on individuals and families
- OA9 Evaluate effective conflict prevention and management techniques in relationships

Family Studies & Early Childhood Education

- OB1 Examine family as the basic unit of society (i.e., types, structures)
- OB2 Examine the needs, characteristics and roles of families throughout the lifespan
- OB3 Examine the impact of various stages of the family life cycle on the interpersonal relationships
- OB4 Determine the impact of changes and transitions over the lifespan
- OB5 Examine the areas of physical, intellectual, emotional and social development as it relates to each stage of development
- OB6 Implement strategies that promote children’s growth and development (e.g., physical, intellectual, emotional, social needs)
- OB7 Analyze the role of family in developing independence, interdependence and commitment of family members

Consumer Management

- OC1 Examine behaviors that conserve, reuse and recycle resources to maintain the environment
- OC2 Evaluate appropriate marketing and sales techniques to aid in the selection of goods and services that meet consumer needs
- OC3 Investigate educational and promotional materials in consumer advocacy to reduce the risk of harm to consumers
- OC4 Examine the roles of government, media and advocacy organizations in protecting consumers
- OC5 Explore strategies that enable consumers to become advocates

- OC6 Compare unit pricing, features, product information, styles, trade-offs and performance of goods to determine which products will best satisfy needs
- OC7 Analyze how education, income, career and life choices relate to achieving financial goals
- OC8 Manage money effectively by developing financial goals and budgets to meet current financial needs and prepare for key life transitions
- OC9 Explain the functions of financial services, depositories and payment methods
- OC10 Analyze and compare saving and investing to build long-term financial security and wealth (i.e., retirement)
- OC11 Identify the purpose of credit and the factors that influence a credit score

Culinary & Food Services

- OD1 Determine conditions and practices that promote safe food handling
- OD2 Demonstrate skills in mise en place and safe handling of knives, tools and equipment
- OD3 Examine food borne illnesses, including environmental sources and prevention methods
- OD4 Identify tools and equipment used in food production and their proper usage
- OD5 Demonstrate proper measuring techniques and equivalents used in food production
- OD6 Demonstrate a variety of cooking methods, safety and sanitation fundamentals, equipment usage and recipe requirements in a lab setting
- OD7 Identify the six essential nutrients and determine requirements based on MyPlate recommendations (i.e. lifespan, exercise, dietary modifications)
- OD8 Examine dietary needs of individuals and families (e.g., physical, emotional, social, psychological, spiritual, ethnic modifications)
- OD9 Apply menu planning principles to develop a well-balanced meal with considerations to aesthetics, courses, budgeting and dietary needs
- OD10 Examine rules of etiquette to follow in a global society

Fashion & Interior Design

- OE1 Implement design techniques and behaviors that conserve, reuse and recycle resources
- OE2 Select appropriate procedures for care of textile products
- OE3 Investigate the elements and principles of design as it relates to fashion and/or interiors
- OE4 Demonstrate safe use of a variety of tools, supplies and equipment for apparel and textiles construction, alteration and repair
- OE5 Demonstrate the skills required for pattern and fabric selection and preparation