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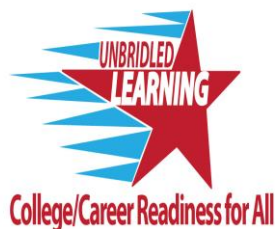
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From the KY CSH Team

As summer comes to a close, the fall season brings the release of the School Report Card and the Next Generation Learner scores. This also is the first year that Program Reviews begin to work into the accountability system. Program Review scores will be released later this month in Open House. Upon the release of these score, more information will be provided to explain how Program Reviews will factor into accountability.

With the updates to the National Association for Sports and Physical Education (NASPE) standards, there have been many discussions around physical and health literacy. Both physical and health literacy are in the Program Review rubrics as well. Be sure to check out the video to help provide some clarity around this movement in the field. The video can be found at:

<http://www.youtube.com/watch?v=okRtLv-7Sk>

Youth Risk Behavior Survey Results Are In!

The middle and high School Youth Risk Behavior Survey (YRBS) data have been released for Kentucky. The CDC has provided a more detailed analysis and reports that make the connections between health and academic achievement for both middle and high school; trend reports for both that also contain a column comparing 2011 and 2013; and a sexual partners report for the high school data. All of the reports that CDC provides to KDE are available at

[http://education.ky.gov/curriculum/CSH/Pages/Youth-Risk-Behavior-Surveillance-System-\(YRBS\).aspx](http://education.ky.gov/curriculum/CSH/Pages/Youth-Risk-Behavior-Surveillance-System-(YRBS).aspx). Check out the positive changes that Kentucky has made.

Two Schools in Kentucky Receive Federal Grants!

Congratulations to Newport Independent Schools and Erlanger-Elsmere Independent Schools for receiving the Carol M. White Physical Education Program (PEP) grant. The U.S. Department of Education awarded 60 grants totaling nearly \$32 million to Local Education Agencies (LEAs) and community-based organizations. Please click [here](#) for more information on the announcement.

Southern District AAHPERD Comes to Lexington!

Lexington will host the Southern District American Alliance for Health, Physical Education, Recreation and Dance (SDAAHPERD) Convention February 2014; therefore, the Kentucky Alliance for Health, Physical Education, Recreation and Dance (KAHPERD) WILL NOT have a November 2013 convention. This will allow KAHPERD members to attend the SDAAHPERD Convention in Lexington and provide opportunities to meet and attend meetings with professionals from the southern 13 states.

When planning your PD budget for the 2013-2014 year, plan to attend the SDAAHPERD Convention in Lexington. KAHPERD members will pay only SDAAHPERD registration fees. Also, volunteers will be needed to help provide services to the SDAAHPERD for this large convention.

Click [here](#) to register!

KAHPERD will return to its regular convention schedule in the fall of 2014.

All In for Health and Academic Success

The Kentucky Department for Public Health and Kentucky Coordinated School Health will host a school health summit, All In for Health and Academic Success. The summit will be a one-day event designed to bring together teams from across Kentucky to focus on a coordinated school approach to school wellness, policy planning and Program Review. Local health departments will register their local team. The summit will take place Dec. 5, 2013, at the Ramada Plaza Hotel and Conference Center in Louisville.

Resources

Informational Webinar: AAHPERD and Fuel Up to Play 60 Team Up to Get Kids Moving!

Learn more about this fall's "Make Your Move" campaign including chances for schools and students to win NFL-themed prizes.

Click [here](#) to register.

Physical Activity in Schools is Essential to Reversing Childhood Obesity

<http://www.huffingtonpost.com/nate-whitman/physical-activity-in-schools-4039563.html>

Obesity, regardless of social background, influences school performance

<http://www.stoneheartnewsletters.com/obesity-regardless-of-the-students-social-background-influences-school-performance/updates/>

Bill would raise physical education requirement

<http://www.sfgate.com/news/education/article/Bill-would-raise-physical-education-requirement-4845259.php>

Fitness vs. academics: The PE tug-of-war

<http://www.parentmap.com/article/fitness-vs-academics-the-pe-tug-of-war>

ED Pulse poll results: Does more recess increase academic learning?

<http://www.wholechildeducation.org/blog/ed-pulse-poll-results-does-more-recess-increase-academic-learning>

Active children do better in class

http://missoulian.com/news/local/active-kids-do-better-in-class-professor-says-at-missoula/article_ode2fc96-2d56-11e3-844d-0019bb2963f4.html

Funding Ops

Fuel Up to Play 60 Healthy Lifestyle Grant

The Fuel Up to Play 60 Healthy Lifestyle Grant program is supported by the Food Marketing Institute Foundation as part of a partnership effort with the National Dairy Council to encourage students and adult program leaders to consume nutrient-rich foods and achieve 60 minutes of physical activity every day. This grant provides funds to help schools implement a Healthy Eating Play, including a visit to a local supermarket (under the guidance of the supermarket's registered dietitian or health and wellness professional) and a corresponding physical activity play.

Multiple grants of up to \$3,000 will be awarded to select applicants. Schools that participate in the National School Lunch Program and/or the School Breakfast Program and have support from the school principal, district school nutrition director and school nutrition manager are eligible to apply.

Up to \$4,000 per year is available to any qualifying K-12 school enrolled in Fuel Up to Play 60. The competitive, nationwide funding program can help your school jumpstart and sustain healthy nutrition and physical activity improvements.

Learn more at http://school.fueluptoplay60.com/funds/funds_for_futp60.php. The final funding application deadline is Nov. 1, 2013.

Lowes Toolbox for Education Grant

www.toolboxforeducation.com/

The fall 2013 cycle is now open. The deadline for submitting applications for this grant cycle is 5 p.m. EDT Oct. 15, 2013. This year, the foundation will seek ways to provide tools that help educators and parent groups efficiently negotiate today's challenging times while providing the greatest impact, with basic necessities taking priority. Funding: \$5,000

Staples Community Giving Grants

[www.staplesfoundation.org/how-we-](http://www.staplesfoundation.org/how-we-give.php?utm_source=+Play+Nice+News%2FGGrants.+++++Mid+August++2013&utm_campaign=mid+August+CC&utm_medium=email)

[give.php?utm_source=+Play+Nice+News%2FGGrants.+++++Mid+August++2013&utm_campaign=mid+August+CC&utm_medium=email](http://www.staplesfoundation.org/how-we-give.php?utm_source=+Play+Nice+News%2FGGrants.+++++Mid+August++2013&utm_campaign=mid+August+CC&utm_medium=email)

Staples Community Giving Grants are available three times a year. The purpose of the grant is to support programs that provide job skills and/or education for all people, with a special emphasis on disadvantaged youth. Amount: Varies

Dannon Rally for Recess

www.rallyforrecess.com/

Five lucky schools across the continental United States will win a \$30,000 playground makeover. In addition, recognizing that not all children are enrolled in school, three lucky individuals will win "Playtime at Home" prizes worth \$1,000 each.
