



Kentucky Department of
E D U C A T I O N

Kentucky Academic Standards (KAS) Physical Education **At a Glance**

The [Kentucky Academic Standards \(KAS\) for Physical Education](#) were approved by the Kentucky Board of Education (KDE) on June 4, 2025 and officially incorporated into law on October 14, 2025.

Focused highlights:

1. **The Writers' Vision** is stated on page 6 of the *KAS for Physical Education*.
2. The **Architecture and Layout** provide a grade band view for each of the four physical education standards beginning on page 13. Notable changes are detailed below:
 - a. **Landscape** format is used to increase the text box size and provide more information on each page.
 - b. A **Table of Contents** is provided on page 2 and includes Hyperlinked Navigational Text to help move through the document and find desired information more quickly.
 - c. **Color-Coding** is used as an organizational tool by assigning a color to each of the four physical education standards, which creates a visual differentiation between each. Color-coding also supports navigation throughout the document by providing a visual cue.
3. **Organization of the Standards:** *The KAS for Physical Education* encompasses four standards which provide cognitive content to develop and maintain physically active lifestyles throughout childhood, adolescence and into adulthood. The physical education standards are based on grade band performance indicators that focus on building physical competence, motivation, confidence and knowledge. The physical education standards document is organized into the standards, rationale and performance indicators.
 - a. These four standards communicate the broader learning of performance indicators that promote and produce physically literate students in all grade levels. Standards are the overarching ideas that support reaching the end goal of creating physically literate students. Standards are not meant to be mastered in one or two lessons; rather, acquiring these skills is the outcome of a comprehensive, sequential, physical education.
 - b. Each of the four physical education standards includes a rationale, describing the underlying goals the standard aims to achieve.
 - c. Performance indicators are the expectation of what students should know and be able to do by the end of each grade level. Performance indicators clearly define grade band expectations that lead to the goal of physically literate students.
4. **Standards Coding:** The coding structure in the document follows this sequence: standard number, final grade in the grade band and performance indicator. For example, code **2.5.7** refers to Standard 2, the 3–5 grade band (with 5 as the final grade) and the seventh performance indicator within that band. A visual layout of this coding system is available on page 10 of the *KAS for Physical Education*.