

Cognitive CoachingSM

Mathematics Achievement Fund RFA Proposal for Professional Learning Plan:

Presenter: Dr. Maggie B. McGatha, M² Consulting

Overview:

- 8-day Cognitive Coaching Seminar[®]
- 8 hours of additional face-to-face mentoring
- Professional library of important coaching resources (valued at \$500)

Professional Learning Plan Outline

Dates:

Each cohort can accommodate 40 people. When you register for the training, you will select your cohort. A registration link will be shared with each school early in 2022.

<u>Cohort #1</u>	<u>Cohort #2</u>
<i>Days 1-2: August 25-26, 2022</i>	<i>Days 1-2: September 8-9, 2022</i>
<i>Days 3-4: October 20-21, 2022</i>	<i>Days 3-4: October 27-28, 2022</i>
<i>Days 5-6: February 16-17, 2023</i>	<i>Days 5-6: February 23-24, 2023</i>
<i>Days 7-8: March 16-17, 2023</i>	<i>Days 7-8: March 23-24, 2023</i>

Location: Training will take place in Frankfort, KY.

Mentoring: Participants will meet with Dr. McGatha the evening prior to each 2-day session in Frankfort, KY (4:00-6:00 PM EST) for a time of reflection and mentoring focused on their work with teachers. This will also be a time for exploring additional coaching skills and resources specific to the participants' experiences.

Coaching Library: Participants will receive a professional library of coaching books and other coaching resources and tools valued at \$500. These resources and tools will be explored during the mentoring sessions mentioned above.

Cognitive Coaching Seminar[®] Background:

Cognitive CoachingSM is a form of mediation that can be applied to professional interactions in a variety of settings and situations with the intention of enhancing self-directed learning. It is a composite of skills, strategies, maps, and tools as well as mental models and beliefs. It is also a model for classroom mediation to enhance students' self-directed learning. Research on Cognitive CoachingSM has linked its implementation to increased student achievement, greater teacher efficacy and satisfaction, higher levels of teacher cognition and professional, collaborative cultures. As a result of engaging in the Foundational Training, participants will develop understanding of three structured conversations for planning, reflecting, and problem resolving. In addition, they will develop knowledge and skills for expanding teacher thinking.

Thinking Collaborative – www.thinkingcollaborative.com

Cognitive CoachingSM is supported by a tremendous amount of research. A meta-analysis of over 33 years of research on Cognitive CoachingSM is available for free download at the Thinking Collaborative website: https://4deefe9b-2cd7-4227-9bfc-3ed4b9a356ea.filesusr.com/ugd/d00b6c_7c3acba2e08949a4979031de3c7fe77d.pdf

Learning Outcomes – Cognitive CoachingSM Foundation Seminar:

Days 1-2

- Understanding of the essence of Cognitive CoachingSM
- Increased consciousness and craftsmanship in applying interpersonal communication skills to develop trust and rapport
- Understanding of the power of a structured professional conversation
- Internalized Planning Conversation Map
- Expanded and refined skills and repertoire of coaching tools
- Understanding of four capabilities for refining coaching skills

Days 3-4

- Understanding of the Reflecting Conversation Map
- Increased automaticity with the essential coaching pattern of pausing, paraphrasing, pausing, and posing questions
- Increased consciousness and skills in asking mediative questions
- Internalized Reflecting Conversation Map
- Awareness of how to navigate support functions
- Understanding of the role of data in mediating thinking

Days 5-6

- Integration of the maps and tools from Days 1-4
- Flexibility in coaching for human uniqueness
- Detection and mediation of cognitive shift
- Refined mediation skills and coaching capabilities
- Extended coaching skills to mediate self-directed learning in others when they are struggling with a problem

Days 7-8

- Fluency with the tool cluster of pacing
- Enhanced personal acuity, ways of attending, listening, and responding
- Refined coaching skills in crafting meditative questions
- Internalized Problem-Resolving Map
- Fluency with the tool cluster of leading
- Integrated maps and tools of Cognitive CoachingSM

Cost for Cognitive CoachingSM Professional Learning: \$1,500