

# SCHOOL HEALTH PROFILES

The School Health Profiles (Profiles) is a system of surveys developed by the Centers for Disease Control and Prevention (CDC) to assess school health policies and programs in states and large urban school districts. The Profiles survey is conducted in Kentucky biennially among middle

and high school principals and lead health education teachers. To view the 2020 Kentucky School Health Profiles data and multi-year trend report, visit <https://education.ky.gov/curriculum/WSCC/data/Pages/School-Health-Profiles.aspx>.

## WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD

The Whole School, Whole Community, Whole Child – or WSCC model – is the CDC’s framework for addressing health in schools. The model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices.

The coordination of policies, processes and practices – represented by the white band around the five Whole Child Tenets – plays a critical role in creating and sustaining a school environment that supports both learning and health. Districts and schools can use the WSCC model to guide coordination and collaboration between component areas, facilitating awareness of issues across administrators, staff and community partners in different areas. As a result, schools are often able to leverage new resources, reduce duplication and provide consistent messaging to create awareness and garner support for the identified priority areas.

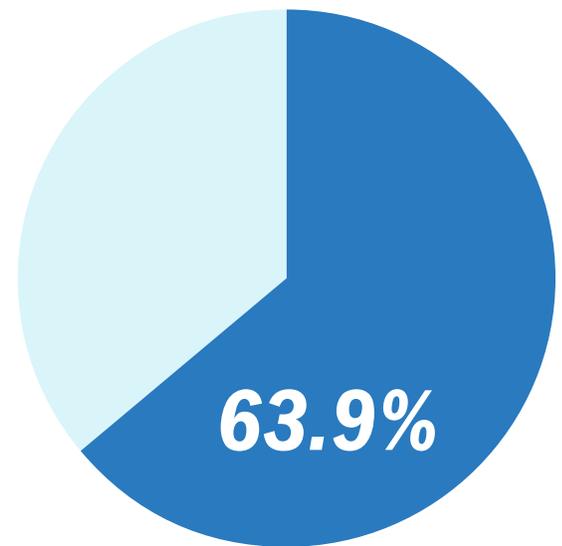
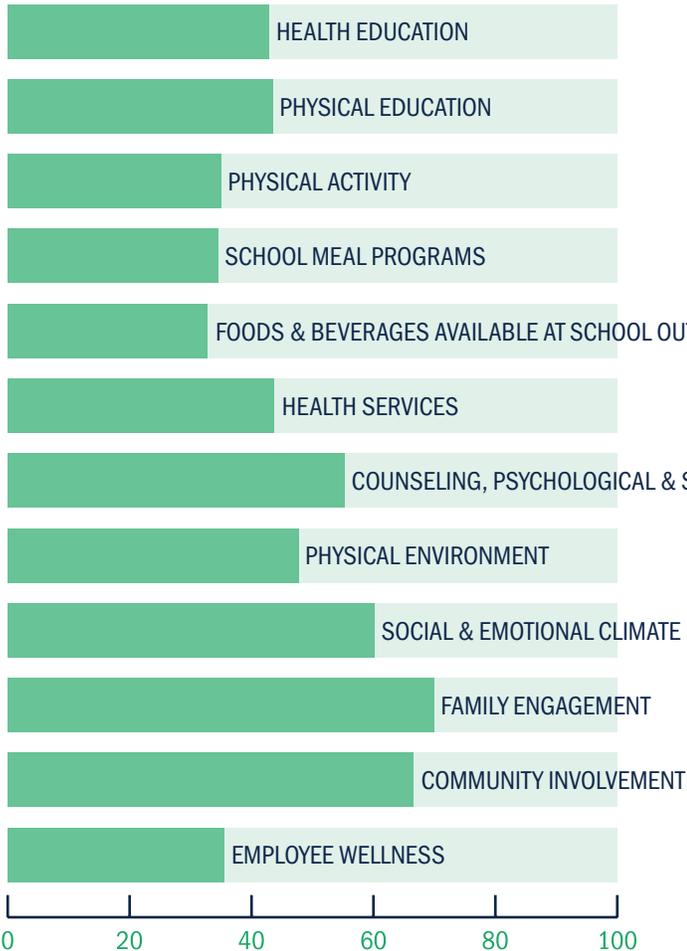
Learn more about the WSCC model: [http://www.ashaweb.org/wp-content/uploads/2017/10/NACDD\\_WSCC\\_Guide\\_Final.pdf](http://www.ashaweb.org/wp-content/uploads/2017/10/NACDD_WSCC_Guide_Final.pdf)



### Schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities and programs in the following areas.

Physical education and physical activity	69.9%
Nutrition	65.4%
Tobacco-use prevention	62.9%
Alcohol- and other drug-use prevention	60.7%
Unintentional injury and violence prevention (safety)	52.5%
Sexual health, including HIV, other STD and pregnancy prevention	48.8%
Chronic health conditions (e.g., asthma, food allergies)	48.1%

**Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics:**



**Schools that have a school health council, committee or team.**

## BEST PRACTICES FOR IMPLEMENTATION AT THE SCHOOL AND COMMUNITY LEVELS

- Create a district health advisory council that meet at least quarterly.
- Create school health advisory committees that meet at least quarterly.
- Utilize school health assessment tools (i.e., School Health Index, Alliance for a Healthier Generation’s Healthy Schools Program and RISE Index) to collect relevant information.
- Analyze data annually to better inform decision-making and best practice implementation.

