

#SELday

The fifth annual International Social-Emotional Learning or SEL Day is March 3, 2025. SEL Day and SEL Week offer a chance to collectively spread the word about the importance and impact of social-emotional learning right here in the Bluegrass State. Working together, we can raise awareness for SEL, bring on new SEL stakeholders across Kentucky, create artifacts that showcase SEL in action, share SEL best practices from our local schools and communities, and more!

Join us in celebrating International SEL Day on March 3, 2025, and SEL Week through March 7, 2025, in your school and community. Let's come together to make a positive difference in the lives of students and educators across our Commonwealth.

School Wide Activities

- Organize an assembly on SEL Day with a guest speaker or performance related to key SEL skills.
- During morning announcements on SEL Day, read a poem, quote or fable that connects to SEL.

Classroom Integration

- Create an SEL library area or bookshelf in honor of SEL Day.
- Feature SEL-themed books in a read-aloud program during the week of SEL Day.

Art, Displays, Bulletin Boards

- Create and display SEL Day posters that highlight SEL skills.
- Design an SEL Day bulletin board featuring a tree with SEL skills written on the leaves.

Social Media

- Showcase SEL activities and artifacts (e.g., artwork, performance, video) with community.
- Use the #SELday #SEL hashtags to amplify your efforts. Tag the Kentucky Department of Education (KDE) on social media to reshare your posts.

Additional information and resources are available at KDE's [website](#).