

# THE

# SAFETY

# NET

Office of Continuous Improvement & Support    Division of Student Success    Student Engagement & Support Branch

January 2019

## Regional Training Opportunities Available

[The Kentucky Department of Education](#) is working with trainers from the [Readiness and Emergency Management for Schools \(REMS\) Technical Assistance \(TA\) Center](#) to provide regional trainings across the state. The U.S. Department of Education's Office of Safe and Healthy Students administers the REMS TA Center to provide information and training to create safe and supportive learning environments in our schools. Christina Weeter, director of KDE's Division of Student Success, worked with representatives from the REMS TA Center to provide this training in response to the growing concerns about school safety and staff resiliency after the recent high profile school shootings that have topped our nation's news. The trainings being offered include:

**School Behavioral Threat Assessments: An Introduction (Train the Educator)** introduces participants to various components of school behavioral threat assessments, which were originally put forth by the Safe School Initiative (SSI), alongside new information and guidance from the Federal Bureau of Investigation (FBI). Participants will learn about effective characteristics of threat assessments for consideration when forming their own approach and team. Specialized topics will also be addressed, such as the use of social media in threat assessments. Participants will have the opportunity to discuss concepts in small group discussions and practice a basic threat assessment in a tabletop exercise.

**Resilience Strategies for Educators: Techniques for Self-Care and Peer Support (Train the Educator)** training is designed to provide educators with a better understanding of resilience strategies that can be used to increase their ability to work more effectively with students impacted by stress, loss, and trauma brought on by community or family violence, natural and man-made disasters, and economic hardship. Participants will leave the training with the knowledge and hands-on skills needed to implement personally.

**Resilience Strategies for Educators: Techniques for Self-Care and Peer Support (Train the Trainer)** training is designed to provide trainers with a better understanding of resilience strategies that can be used to increase educators' ability to work more effectively with students impacted by stress, loss, and trauma brought on by community or family violence, natural and man-made disasters, and economic hardship. Participants will leave the training with the ability to teach/train educators and other school personnel on compassion fatigue and with a detailed action plan with specific steps and timelines for implementation and application at the district or school-site level.

The dates and locations for the trainings are as follows:

January 31–School Behavioral Threat Assessment -Murray, KY; Hampton Inn and Suites

February 1-Resilience Strategies for Educators-Murray, KY; Hampton Inn and Suites

February 11–School Behavioral Threat Assessment-Frankfort, KY; Administrative Office of the Courts

February 12-Resilience Strategies for Educators-Frankfort, KY; Administrative Office of the Courts

February 13-School Behavioral Threat Assessment-Elizabethtown, KY; Elizabethtown Visitors Center

February 14-Resilience Strategies for Educators (Train the Trainer)-Elizabethtown, KY; Elizabethtown Visitors Center

February 15-Resilience Strategies for Educators (Train the Educator)-Elizabethtown, KY; Elizabethtown Visitors Center

Please save the date for trainings that you are interested in. Registration information will be available soon.



## Safety Briefs

### Vaping Surges – National Adolescent Drug Trends in 2018

Results from the [Monitoring the Future](#) survey were released in December and adolescent vaping had the largest substance use increase ever recorded in the past 43 years. Funded under grants from the [National Institute on Drug Abuse](#), which is part of the [National Institutes of Health](#), the survey is conducted by a team of research professors at the [University of Michigan’s Institute for Social Research](#). The [press release](#) reports that as a result of the increase, “one in five 12<sup>th</sup> grade students vaped nicotine in the last 30 days in 2018.” [Tables](#) summarizing the project findings are available now, and a volume showing all findings will be published by the end of January and will be available on the project’s [website](#).

### National Drug and Alcohol Facts Week

[National Drug and Alcohol Facts Week \(NDAFW\)](#) is scheduled for January 22-27. [The National Institute on Drug Abuse \(NIDA\)](#) launched this project in 2010 with the aim of teaching teens the science behind drug use and addiction. An [online guide](#) can help educators to plan, promote and host a NDAFW event. You can register an event, access [free booklets and other resources](#) for teens and review [toolkits and activity ideas](#) on their website. NIDA has updated their Mind over Matter series by introducing [Mind Matters: Drugs and the Brain](#) which focuses on easy-to-understand scientific facts related to a specific drug or drug group. Free booklets and Teacher’s Guides are available for download.

### Archived Webinars

The [Children’s Safety Network](#) has a number of archived webinars that might be of interest:

[“Synthetic Marijuana:” What Is It, Why Is It Dangerous and How Can We Prevent Youth from Using It](#)–In this webinar, Krista Osterthaler of the American Association of Poison Control Centers provides an overview of synthetic cannabinoids and discusses impacts on youth. Synthetic cannabinoids, also called synthetic marijuana, K2, spice, crazy monkey, or Scooby snacks, can be smoked or vaporized in e-cigarettes and are not safe and may affect the brain more powerfully than marijuana.

[Working “Upstream” to Prevent Adverse Childhood Experiences \(ACEs\)](#)– According to the [Centers for Disease Control and Prevention \(CDC\)](#), one in seven U.S. children have experienced child abuse and/or neglect in the past year. This webinar explores what ACEs are, their prevalence, their inequitable burden on low-income adults and people of color and their impact on health and life opportunities. The presenters also address how to work “upstream” to prevent traumatic events from occurring.

[How Social and Emotional Learning \(SEL\) Can Help Prevent Bullying](#) - This interactive webinar focuses on the latest research on bullying among children and adolescents and explores strategies for using social and emotional learning (SEL) to prevent bullying. Social and emotional learning helps children and adolescents to manage their emotions, empathize with others and develop positive relationships.

### Your Safe Schools Team:

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